













## THE 5 FACTOR FRAMEWORK ...

1. FACTS  ~ what is happening?	CONCENTRATION	TIME & SPACE
2. ANALYSIS  ~ why is it happening?	PROCESS	APPLIED LAW
3. DECISION  ~ what should I do?	POISE	GAME AWARENESS
4. COMMUNICATION  ~ how should I do it?	STYLE	~ DIRECTIVE ~ COLLABORATIVE ~ INSTRUCTIVE
<b>5. CRITIQUE</b> ~ what will I do next time?	REFLECTION	MENTAL TOUGHNESS

RUGBY REFEREES ASSOCIATION

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